

POSTURE WORKSHOP

Sunday, 31st January 2010

From 11.00 am – 2.00 pm

**Three hours intense class with Feroze
and Sameer followed by spicy Indian
Food for a small fee of 40 €
(limited to 30 yogis)**



**Bikram's Yoga College of India Antwerpen
Admiraal de Boisotstraat 21, 2000 Antwerpen
www.bikramyogaantwerp.com**