

BIKRAM YOGA WEEKEND BREGENZ AUSTRIA

POSTURE WORKSHOP

When:

31.7. & 1.8.; 9.00 – 12.00

Where:

Bregenz Austria, Lake Constance

[Anton-Schneider Str. 11](#)

Your teachers: Sameer & Feroze Khan

Born in Pune, India, Sameer and Feroze have a total of 20 years' teaching experience.

Who can participate? Advanced and beginners can both benefit from this intensive course

Fee: 60 € for the weekend, 35 € for one day

Please bring your yoga mat, if you have one

Organisers: Bikram's Yoga College of India
Brussels & Frankfurt

Registration: samiryoga9@yahoo.co.in

Visit this site for more information: <http://www.fbyci.de/brussels/index.htm>

Bregenz is a small town nestled between Lake Constance and the Alps. You can enjoy hiking, swimming and the large offer of the Bregenz Festival. The workshop takes place in the centre of town in a cute old house walking distance to the lake, the woods and the cable car to the Pfänder Mountain.

Information on Bregenz and overnight booking and cultural events:

www.bodensee-vorarlberg.com

Closest airports: Zurich, Friedrichshafen; ca. 7 hrs drive from Brussels, 4 hrs from Frankfurt, international train station.

